



The Ultimate Guide to Natural Farming and Sustainable Living: Permaculture for Beginners (The Ultimate Guides)

By Nicole Faires

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The Ultimate Guide to Natural Farming and Sustainable Living: Permaculture for Beginners (The Ultimate Guides) By Nicole Faires

A beautiful, comprehensive guide to going green and living sustainably.

Permaculture is an important but often misunderstood method of growing food and building homes in a manner that works *with* nature, rather than against it, to create beautiful, healthy, and useful gardens. Blending ecology, organic agriculture, green home design, appropriate technology, and biology can be confusing and overwhelming, but *The Ultimate Guide to Natural Farming and Sustainable Living* simplifies this vast field for practical application. This is a hands-on guide, taking the beginner through each step of the design process, so that anyone can apply permaculture principles to his or her life. While the principles are simple, the in-depth topics cover every aspect of permaculture, including:

- building green homes and passive solar design
- growing edible plant communities and forest gardens
- using no-till and natural farming methods
- creating microclimates for extended growing seasons
- raising livestock with ecological foraging techniques

This is a common-sense approach to sustainable living that creates a self-sufficient and low-effort home for the people that live there, whether in the city or the country. *The Ultimate Guide to Natural Farming and Sustainable Living* isn't a philosophy book or a dissertation on theory. It is a step-by-step, complete guide to every aspect of permaculture.

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Editorial Review

Review

“There is a lot of powerful information here for anyone on a homesteading quest, whether they are working with 1/4-acre or 140 acres.” —*No Ordinary Homestead*

“The perfect book to read before developing your property into a sustainable, food-producing haven.”
—*Advanced Survival Guide*

About the Author

Nicole Faires is an adventurer, self-proclaimed eccentric, wife, and mother of three girls. She grew up in a semi-nomadic homeschooling family and spent her early years in rural Montana on a hobby farm where she raised chickens, grew her own food, learned to crochet, read out-of-print books by Masanobu Fukuoka, and dreamed of the Amish. She is the author of *The Ultimate Guide to Homesteading* and *The Ultimate Guide to Permaculture* and continues to seek new adventures and local food with her family in beautiful British Columbia.

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