



Anabolic Bible

By Johann von Reinhardt

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Anabolic Bible By Johann von Reinhardt

New, 2nd edition. Anabolic Bible is the book which fully covers all aspects of bodybuilding in terms of nutrition, supplementation and doping. Anabolic Bible is a book written for everyone who wants to know more about anabolic steroids and all other legal and illegal medications used by athletes worldwide. When compared to the first edition, it is significantly improved and updated, offering a new and better explanation of important facts from the previous edition. It contains a detailed description of over 270 chemical compounds and every data relevant to athletes and scientists. This book is literally made for everyone who wants the most comprehensive explanation and the most accurate information about any drug, legal or illegal. It will be of great help to every athlete and especially medical professionals who are increasingly encountering with problems of steroid and drug use/abuse. There is no other book that can compare to Anabolic Bible because Anabolic Bible is written BY athlete FOR athletes.

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Editorial Review

About the Author

Currently student of organic chemistry. More than 10 years in bodybuilding, mostly as a recreational athlete. Primary interests and field of work are various fields in chemistry and biology like polypeptide, polymer and steroid synthesis, neurochemistry and stem cell research.

Users Review

From reader reviews:

Debera Jessie:

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