



An American's Resurrection: :My Pilgrimage from Child Abuse and Mental Illness to Salvation

By Eric C Arauz

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"Unputdownable"

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"Compelling, heart-rending, unputdownable all describe Eric C. Arauz's intensely personal battle with brutal child abuse, drug addiction, mental illness and post-traumatic stress syndrome. From the opening paragraphs, which immediately and evocatively thrust the reader into the author's kaleidoscopic perspective while under restraint in a mental hospital to the rollicking end which depicts an almost unthinkable comeback of the author's college football team which he equates to his own life circumstances, every page of this book is laced with love, terror and determination."

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Editorial Review

Review

"No other book I have read about mental illness captures the intensity and at times insanity of thoughts and feelings like *An American's Resurrection*. When Eric describes his first episode of illness as "pulling the pin on his mental grenade" you brace yourself and get ready for the explosion...***Should be required reading for staff in every psychiatric hospital.***"

Jill Williams, MD; Associate Professor of Psychiatry and Director of the Division of Addiction Psychiatry; UMDNJ-Robert Wood Johnson Medical School

"Eric Arauz is an *American original*. He is also a remarkable human being. In thirty years of teaching I have never seen a student take literature more seriously, or bring its insights more fruitfully to bear on his own life. Read this compelling book for inspiration and illumination.

You won't be disappointed!"

Jackson Lears; Editor-in-chief *Raritan: A Quarterly Review*; Elected fellow of the American Academy of Arts and Sciences; Contributor to the *New York Times Book Review*, *London Review of Books* and the *Paris Review*

"To understand recovery you need to listen to people in all of their journey--- the good and the bad. Eric's experience is powerful, honest and covers all aspects of struggling with and mastering a dual diagnosis of substance addiction and bipolar disorder."

Ken Duckworth MD; National Medical Director-National Alliance on Mental Illness (NAMI)

"This book brings a new perspective and viewpoint to the discussion and treatment of patients with Co-occurring disorders. It highlights and underscores the necessity to accurately diagnose and treat patients, in order to obtain the best possible treatment outcomes that will not only be cost effective, but provide the efficacy of treatment that the patients, so afflicted, require and deserve."

Louis E. Baxter, Sr., M.D., FASAM; Immediate Past President-American Society of Addiction Medicine; Executive Medical Director Professional Assistance Program NJ, Inc.

"As the treatment of **Trauma** has lost its way over the past thirty years, I would strongly recommend *An American's Resurrection* be compulsory reading for anyone wishing to work in the mental health field."

Anthony C Stratford; Senior Business Manager, Mind Australia; Visiting Scholar, Yale University School of Medicine (2012); Honorary Fellow, Faculty of Medicine, Dentistry and Health Sciences, the University of Melbourne

From the Inside Flap

"How does a veteran survive 24 hours in four-point restraints in a maximum-security psychiatric hospital to earn a faculty appointment to a medical school, national advocacy awards, and to lecture in an Ivy League university?"

"How can a Liberal Arts degree save your life...and give you your destiny?"

From the Back Cover

"How does a man *come alive* at twenty-six when his father killed him at twelve?"

Users Review

From reader reviews:

Mollie Walker:

What do you concentrate on book? It is just for students because they are still students or the item for all people in the world, the actual best subject for that? Just you can be answered for that question above. Every person has diverse personality and hobby for every single other. Don't to be pushed someone or something that they don't desire do that. You must know how great along with important the book *An American's Resurrection: My Pilgrimage from Child Abuse and Mental Illness to Salvation*. All type of book could you see on many solutions. You can look for the internet solutions or other social media.

Joseph Woodruff:

Reading a e-book tends to be new life style in this particular era globalization. With examining you can get a lot of information that will give you benefit in your life. Along with book everyone in this world could share their idea. Guides can also inspire a lot of people. Plenty of author can inspire all their reader with their story or their experience. Not only the storyplot that share in the books. But also they write about the knowledge about something that you need example. How to get the good score toefl, or how to teach your sons or daughters, there are many kinds of book that you can get now. The authors these days always try to improve their expertise in writing, they also doing some analysis before they write to their book. One of them is this *An American's Resurrection: My Pilgrimage from Child Abuse and Mental Illness to Salvation*.

Robert Rooks:

Many people spending their time frame by playing outside using friends, fun activity along with family or just watching TV the whole day. You can have new activity to shell out your whole day by studying a book. Ugh, think reading a book can definitely hard because you have to use the book everywhere? It fine you can have the e-book, getting everywhere you want in your Smart phone. Like *An American's Resurrection: My Pilgrimage from Child Abuse and Mental Illness to Salvation* which is finding the e-book version. So , why not try out this book? Let's view.

Raymond Augustus:

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