



Uniquely Human: A Different Way of Seeing Autism

By Barry M. Prizant

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A groundbreaking book on autism, by one of the world’s leading experts, who portrays autism as a unique way of being human—this is “required reading....Breathtakingly simple and profoundly positive” (*Chicago Tribune*).

Autism therapy typically focuses on ridding individuals of “autistic” symptoms such as difficulties interacting socially, problems in communicating, sensory challenges, and repetitive behavior patterns. Now Dr. Barry M. Prizant offers a new and compelling paradigm: the most successful approaches to autism don’t aim at fixing a person by eliminating symptoms, but rather seeking to understand the individual’s experience and what underlies the behavior.

“A must-read for anyone touched by autism... Dr. Prizant’s *Uniquely Human* is a crucial step in promoting better understanding and a more humane approach” (Associated Press). Instead of classifying “autistic” behaviors as signs of pathology, Dr. Prizant sees them as part of a range of strategies to cope with a world that feels chaotic and overwhelming. Rather than curb these behaviors, it’s better to enhance abilities, build on strengths, and offer supports that will lead to more desirable behavior and a better quality of life.

“A remarkable approach to autism....A truly impactful, necessary book” (*Kirkus Reviews*, starred review), *Uniquely Human* offers inspiration and practical advice drawn from Dr. Prizant’s four-decade career. It conveys a deep respect for people with autism and their own unique qualities. Filled with humanity and wisdom, *Uniquely Human* “should reassure parents and caregivers of kids with autism and any other disability that their kids are not broken, but, indeed, special” (*Booklist*, starred review).

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Editorial Review

Review

"From its first pages, *Uniquely Human* establishes itself as a must-read for anyone touched by autism...contains a trove of experiences that will resonate, offer ideas, give hope... This book is a crucial step in promoting better understanding and a more humane approach." (*Associated Press*)

"Refreshing--and constructive.... It should be required reading for all educators and practitioners working with autism....Breathtakingly simple and profoundly positive." (*Chicago Tribune*)

"*Uniquely Human*...details stories that will resonate with parents or loved ones when a child is first diagnosed with autism. Families may find Prizant's approach...positive and uplifting." (*Providence Journal*)

"Prizant distills decades of working with autistic children and adults, and their teams, into practical advice for lowering stress, leveraging strengths and interests, building resilience, and importantly, embracing and celebrating difference...Prizant's is a message of empathy, support and empowerment...Prizant shows [that] such understanding creates a context in which people with ASD can thrive, not just survive." (*Nature*)

"A remarkable approach to autism....A truly impactful, necessary book." (*Kirkus Reviews, starred review*)

"Uplifting...This positive volume should reassure parents and caregivers of kids with autism and any other disability that their kids are not broken, but, indeed, special." (*Booklist, starred review*)

"Prizant is a respected voice in the autism community, and the methods demonstrated here are backed by case study and experience. Parents, especially parents of the newly diagnosed, may find a ray of hope in the often bleak landscape of early diagnosis and the endless search for answers and information that inevitably results." (*Library Journal*)

"Dr. Prizant explains the causes of behaviors associated with autism. I love his approach for understanding problems with sensory overload, anxiety and discomfort. He provides common sense, practical advice based on a 40-year career working in the trenches with both parents and teachers." (Temple Grandin, author of *The Autistic Brain* and *The Way I See It*)

"An excellent book that conveys what autism is like and how individuals with autism may be helped to build on their strengths and gain a greater social understanding. The approach involves much practical guidance for families and teachers, but it is refreshingly flexible and non-dogmatic." (Sir Michael Rutter, Professor of Developmental Psychopathology, King's College London)

"A masterful treatise advocating for necessary changes in the way we see, understand and provide services to persons with Autism. This is a book for all parents and persons providing professional services to individuals with significant disabilities, not just those with Autism. My hope is that this exceptional book will bring about the change in thinking and practice it is intended to do." (David E. Yoder, Ph.D., Chair and Professor Emeritus, Dept. of Allied Health Sciences, University of North Carolina School of Medicine)

"*Uniquely Human* is not just the perfect title for Barry Prizant's book, it's also an appropriate summation of Dr. Prizant's career. Though a clinical scholar, he is a humanist first, and always has been—a professional

who is fascinated by unexamined lives that could be lived happily, yet aren't. With every brilliant, illuminating example in his book, he steers us away from the traditional fix-it mentality and towards the beatific, personally rewarding detective work that the entire spectrum world would be well served to adopt. Thanks be to Barry for the first-ever 'must read' written for parents, educators, and clinicians." (Michael John Carley, Founder, GRASP; Author of Asperger's From the Inside-Out)

"This is a wonderful book. Based on his own vast experience as a clinician working with children with autism and families, Barry Prizant offers a compassionate and insightful perspective on autism that many will find inspiring and hopeful. The book is filled with sound advice based on real world experience as well as research. Most importantly, it conveys a deep respect for persons on the autism spectrum and the qualities that make them special." (Geraldine Dawson, PhD FAPA FAPS, Director, Duke Center for Autism and Brain Development, Duke University School of Medicine)

"In the plethora of autism books, Uniquely Human stands alone as it holds the parents in highest of regard and honors the true experts - those with autism themselves. It will be the first book I recommend to parents whose children are recently diagnosed, and it will be the last book that seasoned parents of adults with autism will need to read. Uniquely Human reminds us all of our humanity." (Elaine Hall, parent, author, speaker, founder of The Miracle Project)

"This is by far the most empathic, wise, and insightful book I have ever read about autism, and is one of the most empathic and wise books I've ever read about being human. I can't overstate the transformative power of this book: it breaks open the heart, extends vision where there was only fog, and inspires keen insight where there was only reflexive response." (Rabbi Bradley Shavit Artson, Dean's Chair and Vice-President, American Jewish University and parent)

"A long-awaited tour-de-force that parts the ever-expanding sea of books on the topic of autism. A must-read for anyone who lives with and loves a person with autism, this book should also be required for anyone who is striving to be a competent and humanistic professional." (Pamela Wolfberg, Ph.D. Professor of Autism Spectrum Studies, San Francisco State University; Founding Director, Autism Institute on Peer Socialization and Play; Author, Play and Imagination in Children with Autism)

Elegant in its simplicity, Uniquely Human tackles extremely complex topics and how they impact school, home and community. Compassion, learning and supportive strategies--the three essentials for working with folks with ASD--are an integral part of this must-read book. (Michelle Garcia Winner, Speech Language Pathologist and Founder of Social Thinking®)

"Autism was initially described in 1943, and now with Uniquely Human, it is rediscovered 70 years later as a shared human experience. Autism is part of every community, and this tour of autism changes everything. Now, autism makes sense, and tomorrow looks a whole lot brighter for everyone. Stop what you are doing. Read this book. It's a masterpiece." (Carol Gray, Developer of Social Stories™, International Consultant to Individuals with Autism)

"Uniquely Human is an amazing book! It will change our perception and understanding of autism. Barry Prizant has an intuitive understanding of autism spectrum disorders and the wisdom of four decades of experience. I strongly recommend this book to parents and professionals and congratulate Barry for writing the book that needed to be written". (Tony Attwood, Ph.D., author of The Complete Guide to Asperger's Syndrome)

"The reverence that Dr. Prizant brings to his work with individuals with autism and their families leaps out

from every page of this remarkable book, enabling him to tell the story of autism in a deeply personal way that is at once inspirational and informative. The engaging, real-life examples interspersed throughout the book serve both to illuminate the experience of autism from the inside out, and to expose the folly of viewing behavior separate and apart from the motivation that fuels it. That is epochal!" (Diane Twachtman-Cullen, Ph.D., CCC-SLP, Editor-in-Chief, Autism Spectrum Quarterly)

"From the master clinician and scholar who taught us how to channel different learning styles into successful lives of learning and adaptation, *Uniquely Human* shines a light onto the vast possibilities of people with autism, showing that their lives represent opportunities, not disabilities; promise, not doom. Heed his detailed guidance because therein lies not only the secret for the fulfillment of every child's promise, but also the fulfillment of the promise of our entire society." (Ami Klin PhD, Director, Marcus Autism Center, Professor & Chief, Division of Autism and Related Disorders Department of Pediatrics, Emory University School of Medicine)

About the Author

Barry M. Prizant, PhD, CCC-SLP, is among the world's leading authorities on autism, with more than forty years of experience as a scholar, researcher, and international consultant. He is an adjunct professor at Brown University and coauthor of *The SCERTS Model: A Comprehensive Educational Approach*, now being implemented in more than a dozen countries. Dr. Prizant has published more than 120 articles and chapters and has received many awards. The author of *Uniquely Human: A Different Way of Seeing Autism*, Dr. Prizant lives in Cranston, Rhode Island, with his wife, Dr. Elaine Meyer, and their teenage son.

Tom Fields-Meyer is author of the critically acclaimed memoir *Following Ezra: What One Father Learned About Gumby, Otters, Autism, and Love from His Extraordinary Son*, a finalist for the National Jewish Book Award. His work has appeared in *The New York Times Magazine*, *The Wall Street Journal*, the *Los Angeles Times*, and *The Washington Post*. The coauthor (with Barry M. Prizant) of *Uniquely Human: A Different Way of Seeing Autism*, and former senior writer for *People*, he lives in Los Angeles, where he teaches in the UCLA Extension Writers' Program.

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Uniquely Human

INTRODUCTION

A Different Way of Seeing Autism

NOT long ago I was meeting with a group of educators at an elementary school when things suddenly got personal. I was there in my role as a school district consultant for programs serving children with special needs, and as the meeting was breaking up, the principal asked to see me privately. I figured that he wanted to discuss a staff issue, but the principal—an intense, serious man—closed the door, pulled his chair close to mine, looked me in the eye, and began telling me about his nine-year-old son.

He described a shy, quirky, and solitary youngster who had grown increasingly remote and isolated, spending much of his time playing video games by himself and rarely mingling with other children his age. Then he got to the point: a psychologist had recently diagnosed the boy with Autism Spectrum Disorder. The principal leaned forward, putting his face within inches of mine.

"Barry," he asked, "should I be scared to death?"

It is the sort of question that has become all too familiar to me. Almost every week I meet parents who are intelligent, capable individuals, often confident and accomplished in other realms. But when these mothers and fathers encounter autism, they become disoriented. They lose faith in their own instincts. Facing this unexpected and unfamiliar territory, they feel bewildered, frightened, and lost.

A few years earlier, the person asking was a world-renowned musician. He and his wife had invited me to observe their four-year-old daughter. The girl had not been responding well to intensive autism therapy that required sitting for long periods and responding to directions and commands. Her parents wanted a second opinion about the best approach to helping and supporting her. On my first visit to the family's sprawling home, the father gestured for me to follow him into another room.

"Can I show you something?" he asked. He reached behind an upholstered chair and grabbed a paper shopping bag, then stuck his hand inside and pulled out a toy. It was a Bumble Ball, a battery-powered, textured rubber toy with a motor inside to make it vibrate when it was switched on. I could see that it had never been removed from its original packaging.

"I bought this for my daughter last Christmas," he said apprehensively. "Was that a bad thing? I thought she would like it."

I shrugged. "I can't see how it could be bad," I replied.

"Well," he said, "her therapist told me it would make her more autistic."

It made no sense: a brilliantly talented celebrity so paralyzed by the words of a thirty-year-old therapist that he was scared to give his own daughter a toy.

For more than four decades it has been my job to help parents like these, people from all walks of life who are struggling with the realization and reality that their children have autism—and to support the educators and various professionals who work with these children. More and more often I meet parents who have been thrown off balance—who suddenly feel perplexed, sad, and anxious about their children, not knowing what an autism diagnosis means for the future of their child and their family.

Their distress and confusion stem partly from information overload. Autism Spectrum Disorder is now among the most commonly diagnosed developmental disabilities; the U.S. Centers for Disease Control estimates that it affects as many as one in fifty school-age children. A flood of professionals and programs has emerged to serve these children: physicians, therapists, schools, afterschool programs. There are karate classes and theater programs for children with autism, sports camps and religious schools and yoga classes. At the same time, charlatans and opportunists with minimal or no experience—and even some with professional credentials—advertise their approaches as "breakthroughs." Unfortunately autism treatment is a largely unregulated enterprise.

All of this has made life even more challenging for parents. Which professional to trust? Who can explain your child? Which treatment will succeed? Which diet? Which therapy? Which medication? Which school? Which tutor?

Like any parents, these mothers and fathers want what's best for their children. But, struggling with a developmental disability they don't understand, they don't know where to turn.

My job for four decades has been to help them transform their desperation into hope, to replace anxiety with

knowledge, to turn self-doubt into confidence and comfort, and to help them see as possible what they thought was impossible. I have worked with thousands of families touched by autism, helping them to reframe their experience of the condition, and in turn build healthier, fuller lives. That's what I hope this book will help you to do, whether you are a parent, a relative, a friend, or a professional working to support these children and their families.

It starts with shifting the way we understand autism. Again and again I have witnessed the same phenomenon: parents come to perceive their child as so radically different from others that the child's behavior seems beyond comprehension. They have come to believe that the tools and instincts they would bring to raising any other child just won't work with a child who has autism. Influenced by some professionals, they see certain behaviors as "autistic" and undesirable and perceive their goal as eliminating these behaviors and somehow fixing the child.

I have come to believe that this is a flawed understanding—and the wrong approach. Here is my central message: The behavior of people with autism isn't random, deviant, or bizarre, as many professionals have called it for decades. These children don't come from Mars. The things they say aren't—as many professionals still maintain—meaningless or "nonfunctional."

Autism isn't an illness. It's a different way of being human. Children with autism aren't sick; they are progressing through developmental stages as we all do. To help them, we don't need to change them or fix them. We need to work to understand them, and then change what we do.

In other words, the best way to help a person with autism change for the better is to change ourselves—our attitudes, our behavior, and the types of support we provide.

How to do that? First, by listening. I have worked at the highest levels of academia and served on the faculty of an Ivy League medical school. I have published my work in dozens of scholarly journals and books. I have addressed conferences and presented workshops in nearly every state and across the globe, from China to Israel, from New Zealand to Spain. Yet my most valuable lessons about autism have come not from lectures or journals. They have come from children, their parents, and a handful of extremely articulate adults with the rare ability to explain their own experience of having autism.

One of those is Ros Blackburn, a British woman who speaks more insightfully than practically anyone I know about what it feels like to go through life with autism. Ros often repeats this mantra: "If I do something you don't understand, you've got to keep asking, 'Why, why, why?'"

This book is about what I have learned in forty years of asking why—what I have come to understand by asking what it feels like to have autism.

Concerned parents share the same kinds of questions: Why does he rock his body? Why won't he stop talking about trains? Why does she repeat lines from movies over and over? Why does he obsessively adjust the miniblinds? Why is he terrified of butterflies? Why does she stare at the ceiling fan?

Some professionals simply categorize these as "autistic behaviors." Too often the ultimate goal of professionals and parents is to reduce or eliminate these behaviors—to stop the spinning, stop the arm flapping, stop the repeating—without asking, "Why?"

Here is what I have learned from my years in the field and from Ros Blackburn and others: There is no such thing as autistic behavior. These are all human behaviors and human responses based on a person's

experience.

When I present workshops and seminars about autism, I often tell the audience that I have never seen a person with autism do something that I haven't seen a so-called normal person do. Of course, many people find this difficult to believe. So I make it a challenge. I ask the listeners—usually parents, teachers, and professionals—to name a behavior that is central to autism, and I predict that I have witnessed it in a typical person. Immediately people in the audience raise their hands.

“How about repeating the same phrase over and over one thousand times?”

Plenty of kids do that when they're asking for an ice cream cone or how much longer the drive will be.

“Talking to yourself when nobody's around?”

I do that in my car every day.

“Banging her head on the ground when she's frustrated?”

My neighbor's “typical” son did that when he was a toddler.

Rocking, talking to yourself, jumping up and down, flapping your arms? We all do these things. The difference, of course, is that you might not have seen it as persistently or as intensely (or at an older age) in a typical person. And if we do engage in such behavior, we generally make sure we're not doing so in public.

Ros Blackburn says people stare when she jumps up and down and flaps her arms. They're simply not accustomed to seeing an adult act with such abandon. She points out that it's common to see people on TV doing just what she does, after they've won the lottery or a game show. “The difference,” she says, “is that I get excited more easily than you do.”

We're all human, and these are human behaviors.

That's the paradigm shift this book will bring: instead of classifying legitimate, functional behavior as a sign of pathology, we'll examine it as part of a range of strategies to cope, to adapt, to communicate and deal with a world that feels overwhelming and frightening. Some of the most popular autism therapies make it their sole aim to reduce or eliminate behaviors. I'll show how it's better to enhance abilities, teach skills, build coping strategies, and offer supports that will help to prevent behavioral patterns of concern and naturally lead to more desirable behavior.

It's not helpful to dismiss what children do as “autistic behavior” or “aberrant behavior” or “noncompliant behavior” (a phrase used by many therapists). Instead of dismissing it, it's better to ask: What is motivating it? What purpose does it serve? Does it actually help the person, even though it looks different?

I don't have simple answers, but I can offer ways that will lead to a better understanding of children, teens, and adults with autism. The stories in *Uniquely Human* span my four-decade career in many different settings and roles: my early work in summer camp programs, positions at university and hospital clinics, and seventeen years in private practice. They also describe my experiences consulting for more than one hundred public school districts, for hospitals, private agencies, and families, and from many years of traveling the world leading training workshops and consulting. The weekend parent retreat I have facilitated for two decades has given me the opportunity to learn from parents and develop many deep and enduring

friendships. Finally, through many conferences and workshops, I have met and presented with leaders of the autism self-advocacy movement, many of whom have become valued friends.

This book offers a comprehensive approach based on my research and work with colleagues, my experience with families and professionals, and the insights shared by people on the spectrum from whom I have learned much.

It's the book I wish I had been able to read more than four decades ago, when I first lived with and cared for people with autism. Many professionals enter the autism field because of a personal connection—a child or a relative with autism. I happened into it almost by accident. After my first year of college, I landed an unfulfilling summer job in a New York City print shop. My girlfriend was teaching music at a sleep-away camp for children and adults with disabilities. A couple of weeks into the summer, she phoned to tell me there was an opening for a counselor. I applied, got the job, and literally overnight found myself, at just eighteen, responsible for a cabin full of boys with a variety of developmental disabilities.

For a boy from Brooklyn, the isolated rural setting in upstate New York felt like a primitive wilderness. But I was even more unprepared for the people I met. One eight-year-old boy in my cabin seemed remote and disconnected, but he had a knack for repeating phrases or whole sentences he heard. Another camper, a young adult known affectionately as Uncle Eddie, lumbered and spoke as if in slow motion because of his seizure medication. He had the endearing habit of offering compliments without inhibition. "Hi Barry," he'd say. "You look sooo handsome todaaay."

I felt like I was entering a different culture with different rules of relating and being, full of people who acted very differently from anyone I had met. Yet I soon became so comfortable and so thoroughly enjoyed my campers that I wanted to understand more. In particular, why did these people struggle so much with communicating their thoughts and feelings, and how could we help them? That initial experience inspired me to study developmental psycholinguistics, and then speech and language pathology and child development, and eventually to go on to earn a doctorate in communication disorders and sciences.

This book might have also helped me understand one of my closest friends from my childhood in Brooklyn in the 1960s. Lenny was a brilliant student—skipping two grades before high school—and a talented self-taught guitarist. He was a musical genius, stealing guitar licks from Eric Clapton and Jimi Hendrix before the rest of us had even heard of them.

He was one of the most interesting people I knew, and also one of the most anxious, unfiltered, direct, and abrasive. Peers were put off by his frequent comments about his own superior intelligence. When Lenny lived in his own apartment as an adult, his shelves were lined with his extensive collection of records and first-edition comic books, all in plastic sleeves, impeccably organized and catalogued. But his kitchen sink was routinely overflowing with dirty dishes, his clothes strewn everywhere. Lenny had perfect SAT scores, eventually earned two master's degrees and a law degree, but had a difficult time keeping a job because he had trouble getting along with people.

Still, if Lenny knew you well and trusted you, and if you had common interests, he was as loyal and caring a friend as I have known. Though I frequently found myself in the position of explaining Lenny's eccentric ways to acquaintances—most people thought him rude and arrogant—it took decades before it dawned on me that he probably had Asperger's syndrome. (Asperger's wasn't a formal diagnosis in the United States until 1994.) When Lenny died in his sixties, it struck me that his life surely would have been easier if those around him had better understood what was causing his unusual habits and often brusque manner.

Finally, this is the book I wish I had been able to share a few decades ago with the parents of Michael, one of the first little boys with autism whose family I came to know well. I was a newly minted PhD, teaching at a large university in the Midwest, and Michael was the nine-year-old son of an English professor. Like many children with autism, Michael had a habit of fluttering his fingers in front of his eyes and staring at them, apparently delighted and captivated. For long stretches he would sit, mesmerized by the movement of his own hands. His teachers and parents routinely badgered Michael to dissuade him: “Michael, put your hands down. . . . Michael, stop looking at your hands!” But he persisted, eventually learning to enjoy secretly peeking at his hands during routine activities such as playing piano.

Around that time Michael’s grandfather died. Michael had developed a very close relationship to his grandfather, spending time with him every weekend, and the death was his first experience of loss. Of course he felt confused and anxious, repeatedly asking his parents when he would be able to see his grandfather again. They explained that Grandpa was in heaven and that some day, in the very distant future, Michael would surely join him there. Michael listened intently, then replied with a single question: “In heaven, are people allowed to look at their hands?”

When Michael considered the idea of eternal bliss, that was what came to mind: not angels and harps and eternal sunshine, but a world where he could watch his own fingers flutter when he wanted to.

His simple question taught me much about Michael and about autism. I have seen hundreds of children with autism who visually fixate on something: their fingers, a toy they carry with them, a fan, garden sprinklers. You could call that “autistic” behavior, or you could watch, listen, pay attention, and ask why they do it. When I have done that I have learned what underlies a fixation like Michael’s: he finds it calming and grounding; it provides a sense of predictability; it’s within his control. With that understanding and insight, behavior like Michael’s isn’t so strange—it’s a unique way of being human.

This book’s scope encompasses the full spectrum of autism, including the most extreme challenges facing individuals of all ages and their families. I am well aware of how debilitating and stressful some patterns of behavior can be. I have cared for individuals who are so overwhelmed by pain or confusion that their behavior becomes dangerous, destructive, and even harmful to themselves and others. I have directly experienced injuries (bites, bruises, scratches, broken fingers) while attempting to support people in extreme states of distress. I have lived with people with autism who also have sleep disorders, and I have experienced the frustration of trying to ensure proper nutrition for individuals with highly restricted food preferences. I have dealt with children who have become lost, have fled, or have unintentionally put themselves and others in danger.

While I don’t claim to have experienced the chronic level of stress and concern that a parent might, I know those concerns and fears intimately. From observing and supporting countless families, I have learned this important lesson: Even under extremely challenging circumstances, our attitudes about and perspective on people with autism and their behavior make a critical difference in their lives—and in ours.

That is the message I hope to share in this book—one that can eliminate the fear I sensed from the principal and the musician and replace it with awe and love. It’s the heart of what I taught recently at an autism workshop in Nanaimo, a small city in British Columbia. Throughout the two days there a young father in a baseball cap sat in the front row with his wife, taking it all in but not speaking. The moment the workshop ended, he rushed up to me, hugged me, and buried his head in my shoulder.

“You have opened my eyes,” he said, “and I will always be grateful.”

I hope this book will open your eyes—and your ears and your heart. I hope to capture and share the unique spirit of the many children, adolescents, and adults with autism I have known—their enthusiasm, their sense of wonder, their honesty and innocence. I will also describe the many obstacles I have seen these individuals and their families overcome. In turn, I hope you will be able to learn from what I have learned. Despite the challenges you may experience as a parent, family member, educator, or one of the many people who help individuals on the spectrum, my hope is that understanding what it means to be uniquely human will make your experience with these distinctive people deeper, more awe-inspiring, and more joyful.

I. While many children with autism experience co-occurring medical issues—including gastrointestinal and sleep disorders, allergies, and ear infections—most are free of these challenges, which are not definitive of autism.

Users Review

From reader reviews:

Paulette Rodriguez:

As people who live in the modest era should be revise about what going on or details even knowledge to make them keep up with the era that is always change and move ahead. Some of you maybe will update themselves by examining books. It is a good choice to suit your needs but the problems coming to you is you don't know what one you should start with. This Uniquely Human: A Different Way of Seeing Autism is our recommendation to make you keep up with the world. Why, as this book serves what you want and need in this era.

Nancy Smith:

This book untitled Uniquely Human: A Different Way of Seeing Autism to be one of several books which best seller in this year, this is because when you read this publication you can get a lot of benefit in it. You will easily to buy that book in the book retailer or you can order it through online. The publisher of the book sells the e-book too. It makes you easier to read this book, since you can read this book in your Smart phone. So there is no reason to you personally to past this book from your list.

Nancy Ochoa:

On this era which is the greater particular person or who has ability in doing something more are more important than other. Do you want to become among it? It is just simple solution to have that. What you must do is just spending your time not much but quite enough to get a look at some books. On the list of books in the top checklist in your reading list is usually Uniquely Human: A Different Way of Seeing Autism. This book and that is qualified as The Hungry Slopes can get you closer in turning out to be precious person. By looking up and review this guide you can get many advantages.

Marvin Davidson:

Some individuals said that they feel bored when they reading a book. They are directly felt that when they

get a half elements of the book. You can choose the actual book Uniquely Human: A Different Way of Seeing Autism to make your reading is interesting. Your skill of reading expertise is developing when you such as reading. Try to choose very simple book to make you enjoy to learn it and mingle the impression about book and looking at especially. It is to be 1st opinion for you to like to start a book and study it. Beside that the reserve Uniquely Human: A Different Way of Seeing Autism can to be a newly purchased friend when you're really feel alone and confuse with what must you're doing of the time.

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