



# The Female Brain

By Louann Brizendine



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Now, pioneering neuropsychiatrist Louann Brizendine, M.D., brings together the latest findings to show how the unique structure of the female brain determines how women think, what they value, how they communicate, and who they love. While doing research as a medical student at Yale and then as a resident and faculty member at Harvard, Louann Brizendine discovered that almost all of the clinical data in existence on neurology, psychology, and neurobiology focused exclusively on males. In response to the overwhelming need for information on the female mind, Brizendine established the first clinic in the country to study and treat women's brain function.

In *The Female Brain*, Dr. Brizendine distills all her findings and the latest information from the scientific community in a highly accessible book that educates women about their unique brain/body/behavior.

The result: women will come away from this book knowing that they have a lean, mean, communicating machine. Men will develop a serious case of brain envy.

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## The Female Brain By Louann Brizendine Bibliography

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## **Editorial Review**

From Publishers Weekly

This comprehensive new look at the hormonal roller coaster that rules women's lives down to the cellular level, "a user's guide to new research about the female brain and the neurobehavioral systems that make us women," offers a trove of information, as well as some stunning insights. Though referenced like a work of research, Brizendine's writing style is fully accessible. Brizendine provides a fascinating look at the life cycle of the female brain from birth ("baby girls will connect emotionally in ways that baby boys don't") to birthing ("Motherhood changes you because it literally alters a woman's brain-structurally, functionally, and in many ways, irreversibly") to menopause (when "the female brain is nowhere near ready to retire") and beyond. At the same time, Brizendine is not above reviewing the basics: "We may think we're a lot more sophisticated than Fred or Wilma Flintstone, but our basic mental outlook and equipment are the same." While this book will be of interest to anyone who wonders why men and women are so different, it will be particularly useful for women and parents of girls.

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From [Bookmarks Magazine](#)

Louann Brizendine, a neuropsychiatrist at the University of California, San Francisco, explores groundbreaking issues in brain science with mixed results. Critics debate the author's presentation and research; some extol her many and varied sources and the book's accessibility, while others take her to task for relying too heavily on anecdotal evidence and "dumbing down" the text (Robin Marantz Henig cites the author's repeated use of "cutesy language" and slang). Despite the critical ambivalence, the author certainly has the credentials to write this book. Brizendine graduated from the Yale University School of Medicine and draws on research done at the Women's and Teen Girls' Mood and Hormone Clinic, which she founded at UCSF in 1994. So the question is, do you require step-by-step proof for conclusions some consider controversial, or are you willing to take her word for it?

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From [Booklist](#)

Neuropsychiatrist Brizendine acknowledges she may be going out on a lonely limb by asserting that males and females have distinctly different brains. She says that, in addition to certain hard-wired dissimilarities, male and female brain chemistries differ in being powered by hormones so potent they can reshape each gender's conception of reality (which in no way is related to ability). Thanks to advances in noninvasive imaging technology, such as positron-emission tomography (PET) and functional magnetic resonance imaging (fMRI) scans, scientists have been able to quantify the effects of hormones on brain receptors. They have also been able to study how and when surges of specific hormones "marinate" the brain, affecting everything from gender education to sexual responsiveness to aggression. Brizendine doesn't rule out socialization as a factor in gender identification, but she insists that biology must take at least half the credit. What with nearly 70 pages of references to the research upon which she constructs her argument, out on a limb Brizendine may be, but who's left to hand her a saw? *Donna Chavez*

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## **Users Review**

**From reader reviews:**

**Jason Silva:**

This The Female Brain book is just not ordinary book, you have after that it the world is in your hands. The benefit you receive by reading this book is actually information inside this guide incredible fresh, you will get information which is getting deeper anyone read a lot of information you will get. This particular The Female Brain without we realize teach the one who examining it become critical in imagining and analyzing. Don't end up being worry The Female Brain can bring when you are and not make your bag space or bookshelves' come to be full because you can have it in your lovely laptop even telephone. This The Female Brain having excellent arrangement in word along with layout, so you will not sense uninterested in reading.

**Larry Hudgens:**

Often the book The Female Brain will bring someone to the new experience of reading the book. The author style to clarify the idea is very unique. When you try to find new book you just read, this book very appropriate to you. The book The Female Brain is much recommended to you to study. You can also get the e-book from the official web site, so you can easier to read the book.

**Kathryn Mullins:**

The book The Female Brain has a lot of information on it. So when you check out this book you can get a lot of advantage. The book was written by the very famous author. Tom makes some research just before write this book. That book very easy to read you will get the point easily after perusing this book.

**Linda Cooper:**

The book untitled The Female Brain contain a lot of information on it. The writer explains the girl idea with easy technique. The language is very clear to see all the people, so do not worry, you can easy to read this. The book was written by famous author. The author provides you in the new era of literary works. You can actually read this book because you can read more your smart phone, or device, so you can read the book inside anywhere and anytime. If you want to buy the e-book, you can start their official web-site and order it. Have a nice study.

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