



## Belly Laughs, 10th anniversary edition: The Naked Truth about Pregnancy and Childbirth

By Jenny McCarthy

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### Belly Laughs, 10th anniversary edition: The Naked Truth about Pregnancy and Childbirth By Jenny McCarthy

THE RUNAWAY NATIONAL BESTSELLER

Revealing the naked truth about the tremendous joys, the excruciating pains, and the inevitable disfigurement that go along with pregnancy, Jenny McCarthy tells you what you can *really* expect when you're expecting! From morning sickness and hormonal rage, to hemorrhoids, granny panties, pregnant sex, and the torture and sweet relief that is delivery, *Belly Laughs* is must-read comic relief for anyone who is pregnant, has ever been pregnant, is trying to get pregnant, or, indeed, has ever been born!

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### Editorial Review

From Publishers Weekly

McCarthy, 1994 Playmate of the Year, actress (*Scream 3*; *Baywatch*; etc.) and former host of MTV's *Singled Out*, gave birth to her first child in 2002. Her pregnancy wasn't pretty—and she wants to tell readers all about it. At the outset, she tells them, "If you bought this book, you are already aware of my frankness when it comes to certain things—anatomy and bodily functions among them. If someone gave this book to you as a gift and you've never heard of me, apologies to you!" She goes on to recount the nitty-gritty of pregnancy in all its gory detail, covering morning sickness, hormonal rage, cravings, hemorrhoids, "engorged" breasts, gas, hot flashes, fainting spells, weight gain, acne, water retention and, finally, labor. McCarthy is undeniably crass but funny, and her candor and self-deprecation are refreshing. Each brief, chatty chapter focuses on a different—and awful—facet of pregnancy, with McCarthy relating personal anecdotes and usually winding down by reassuring women they're not alone. McCarthy's tales are, for the most part, a hoot, though they may offend more uptight readers. For example, in the beginning of McCarthy's pregnancy, she was constipated, so she visited a specialist. In the waiting room, the assistant called her name, and "everyone... looked up in surprise, and I knew what they were thinking: 'Jenny McCarthy has butt hole problems?' I was so embarrassed, until I realized that they had no right to be smirking: Those assholes were also there because of their own assholes. I felt better already."

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From [Booklist](#)

McCarthy applies her in-your-face manner and blue humor to the subject of pregnancy and childbirth in this little piece of fun. The former *Playboy* centerfold and all-around bad girl recounts her journey to motherhood with utter abandon, discussing topics that those other wholesome books tend to treat too gently, such as enemas, pubic hair growth, and sex in the ninth month. What's noble about this book (yes, noble) is that women who find these topics too embarrassing to bring up now have a place to read about them in a frank and open discussion. After all, they're as real as morning sickness, and McCarthy treats them with a candor that borders on crude but that is refreshing, and, ultimately, necessary. Not to mention funny. Like a gossipy girlfriend, McCarthy brings you in and makes you laugh; there's a certain comfort in knowing that even a sex symbol gets stretch marks and balloons to 200 pounds during pregnancy. A must-have for any childbirth collection. An aggressive marketing campaign suggests libraries ought to stock up. *Mary Frances Wilkens*

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Review

### Bella Online

"One of the most candid, refreshing and funny books on pregnancy that I have ever read. I laughed so hard at times that I had tears rolling down my cheeks...Humorous and candid."

### Hudson Valley News, 2/12/2014

"A book for the expectant mother who needs a few moments of frivolity."

**MediaMikes.com, 2/20/2014**

"Jam packed with side splitting stories...The cool part about the book is that it doesn't really matter if you have 1 kid or 10 or if you're a guy or a girl. McCarthy's book has a little something for everyone...Graphic yet hysterical stories...A fun quick read that both you and your significant other can enjoy."

"Like a gossipy girlfriend, McCarthy brings you in and makes you laugh; there's a certain comfort in knowing that even a sex symbol gets stretch marks and balloons to 200 pounds during pregnancy.... A must-have." --*Booklist*

"Jenny McCarthy is now the go-to girl for pregnancy." --*Toronto Star*

"Dishes dirt on giving birth that you never knew you needed to know.... [McCarthy is quite funny and, in the end, this is a celebration of motherhood." --*Gotham*

"You don't even have to be knocked up to enjoy [this book]."--

*Playboy*

"McCarthy is undeniably crass but funny, and her candor and self-deprecation are refreshing." --*Publishers Weekly*

## **Users Review**

### **From reader reviews:**

#### **Timothy Walker:**

This Belly Laughs, 10th anniversary edition: The Naked Truth about Pregnancy and Childbirth are reliable for you who want to certainly be a successful person, why. The explanation of this Belly Laughs, 10th anniversary edition: The Naked Truth about Pregnancy and Childbirth can be one of many great books you must have is usually giving you more than just simple studying food but feed you actually with information that perhaps will shock your previous knowledge. This book will be handy, you can bring it everywhere and whenever your conditions at e-book and printed versions. Beside that this Belly Laughs, 10th anniversary edition: The Naked Truth about Pregnancy and Childbirth forcing you to have an enormous of experience for example rich vocabulary, giving you demo of critical thinking that we know it useful in your day activity. So , let's have it appreciate reading.

#### **Albert Shepherd:**

The book Belly Laughs, 10th anniversary edition: The Naked Truth about Pregnancy and Childbirth will bring that you the new experience of reading some sort of book. The author style to clarify the idea is very unique. When you try to find new book to study, this book very ideal to you. The book Belly Laughs, 10th anniversary edition: The Naked Truth about Pregnancy and Childbirth is much recommended to you to read. You can also get the e-book in the official web site, so you can quicker to read the book.

**Trisha McClain:**

Do you have something that you enjoy such as book? The book lovers usually prefer to decide on book like comic, quick story and the biggest the first is novel. Now, why not seeking Belly Laughs, 10th anniversary edition: The Naked Truth about Pregnancy and Childbirth that give your fun preference will be satisfied through reading this book. Reading addiction all over the world can be said as the opportunity for people to know world considerably better then how they react toward the world. It can't be claimed constantly that reading practice only for the geeky particular person but for all of you who wants to end up being success person. So , for all of you who want to start looking at as your good habit, you can pick Belly Laughs, 10th anniversary edition: The Naked Truth about Pregnancy and Childbirth become your own personal starter.

**Brian Hill:**

The book untitled Belly Laughs, 10th anniversary edition: The Naked Truth about Pregnancy and Childbirth contain a lot of information on it. The writer explains the woman idea with easy approach. The language is very clear and understandable all the people, so do definitely not worry, you can easy to read the item. The book was published by famous author. The author provides you in the new time of literary works. It is possible to read this book because you can please read on your smart phone, or product, so you can read the book in anywhere and anytime. In a situation you wish to purchase the e-book, you can available their official web-site and also order it. Have a nice go through.

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