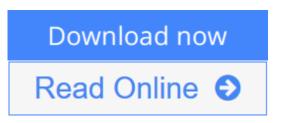


An Evidence-based Approach to Dietary Phytochemicals & Other Dietary Factors (Hardback) - Common

By By (author) Victoria J. Drake By (author) Jane Higdon



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A critical analysis of current scientific, epidemiological, and clinical research on the health benefits of plant-based foods and dietary phytochemicalsKey features: Straightforward, extensively referenced presentation of Dietary Phytochemicals. Reviewed by leading researchers in the field. Practical information on sources (dietary and supplemental), nutrient interactions, drug interactions and ad

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