



What I Wish For You: Simple Wisdom For A Happy Life

By Patti Digh

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A beautifully illustrated collection of wisdom from around the world with heartfelt insights for any age.

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Editorial Review

From the Inside Flap

What advice do you wish you had heard—really heard—when you were graduating from high school or college? What words could you benefit from hearing again? When Patti Digh asked her readers this question as her own daughter was starting college, what flowed in was beautiful, thoughtful, poignant, and funny.

Out of the hundreds of essays, six themes emerged:

- Remember who you are: be you
- Know what matters most: be passionate
- Make peace with time: be present
- Let go of certainty: be unsure
- Learn something every day: be curious
- Open up your hand: be free

What I Wish For You features insightful stories from Patti as well as illustrations and writings submitted by readers of her blog from around the world, resulting in a vibrant, intriguing, and life-affirming book ideal for the young graduate and beyond.

From the Back Cover

As my older daughter, Emma, prepared to graduate from high school and fly away, I reached out to readers of my blog, 37days.com, to gather

wisdom from the far corners of the earth to help guide her. The essays—

and art—that came pouring in moved me deeply. And I think they'll touch your heart, too.

I could have sought advice from celebrities or famous poets or people who have climbed Mount Everest barefoot or sailed solo across the Atlantic. But I wanted to uncover the wisdom we all possess. We're all sailing solo across vast oceans every single day, aren't we?

—Patti Digh

About the Author

Patti Digh, the creator and author of the award-winning blog 37days.com, is the author of three previous Skirt! books: the best-selling *Life Is a Verb*, a Books for a Better Life finalist; *Creative Is a Verb*; and *Four-Word Self-Help*. She is an internationally recognized speaker whose comments have been featured in the *Wall Street Journal*, the *London Financial Times*, and the *New York Times*. Her Web site is pattedigh.com, and she lives in Asheville, North Carolina.

As with her previous books, the author will actively promote and market the work in her speaking engagements, on her blog and website, and through social media sites such as Facebook and Twitter. Her 40+ city tour for *Life is a Verb* was one example of the power of social media in creating a grassroots best seller, as was her 30-day blog tour when *Life is a Verb* was published. Because the contributors (both writers and artists) will have a vested interest in the book, they will also provide a good avenue for increasing sales.

Users Review

From reader reviews:

Jean Parks:

What do you with regards to book? It is not important together with you? Or just adding material when you need something to explain what the one you have problem? How about your time? Or are you busy particular person? If you don't have spare time to do others business, it is give you a sense of feeling bored faster. And you have free time? What did you do? Every individual has many questions above. They should answer that question due to the fact just their can do this. It said that about book. Book is familiar on every person. Yes, it is proper. Because start from on pre-school until university need this specific What I Wish For You: Simple Wisdom For A Happy Life to read.

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Sharon Lopez:

In this era globalization it is important to someone to get information. The information will make a professional understand the condition of the world. The condition of the world makes the information easier to share. You can find a lot of personal references to get information example: internet, magazine, book, and soon. You will observe that now, a lot of publisher this print many kinds of book. Often the book that recommended to you personally is What I Wish For You: Simple Wisdom For A Happy Life this reserve consist a lot of the information on the condition of this world now. This specific book was represented how do the world has grown up. The language styles that writer make usage of to explain it is easy to understand. Often the writer made some analysis when he makes this book. That is why this book ideal all of you.

Alexander Taylor:

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