



# The Way of Serenity: Finding Peace and Happiness in the Serenity Prayer

By Jonathan Morris

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FOX News religion analyst, program director of the Catholic Channel on SiriusXM radio, and bestselling author Father Jonathan Morris reveals how the Serenity Prayer offers a sure path to peace and fulfillment for everyone, not just those in recovery programs. The Serenity Prayer states:

*Lord, grant me the serenity to accept the things I cannot change,  
The courage to change the things I can,  
And the wisdom to know the difference.*

Exploring the prayer phrase by phrase, Morris shows the hope that can be found by gaining a deeper spiritual understanding of its words and by practicing its message. Enlightening and profound, *The Way of Serenity* includes moving narratives, illuminating historical anecdotes, and pertinent biblical passages that demonstrate the power of the Serenity Prayer to help us grow closer to God and find greater peace and happiness.

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**Bibliography**

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### Editorial Review

#### Review

“Father Jonathan Morris explores the richness and depth contained in the seemingly simple Serenity Prayer, and helps show how we can begin to discern God’s will in our lives—as well as how to cooperate with Him! Profound truths presented in an engaging and down to earth style.” (Timothy Cardinal Dolan, Archbishop of New York)

“For believers, *The Way of Serenity* provides a roadmap to peace. For non-believers, Father Morris provides a deep incentive to consider the other side.” (Bill O’Reilly, Anchor, Fox News Channel)

“Rarely in the world of spirituality, do you find smart and compassionate, worldly and sensitive, profound, accessible...and practical! That’s what Father Jonathan Morris has done for people of all Christian backgrounds in *The Way of Serenity*.” (Kirsten Powers, Columnist, USA Today and The Daily Beast)

“Father Jonathan has captured the simplicity and the mystery of both surrendering and actively pursuing the peace and joy that serenity provides. Just the right book at just the right time for people no matter in which season of their life they may be.” (Dana Perino, co-anchor of The Five, Fox News)

“Every leader meets countless challenges in our lives that cause us great stress. In *The Way of Serenity*, Father Morris teaches us a practical way to patiently and wisely discern what we can and cannot do and how to find peace as we give the responsibility to God.” (Alan Sears, President and CEO of Alliance Defending Freedom)

“With vivid writing and engaging personal stories, Father Jonathan Morris unpacks the wealth of wisdom contained in the simple Serenity Prayer. *The Way of Serenity* is a lifeline for anyone who has ever felt lost and overwhelmed.” (Jennifer Fulwiler, author of *Something Other than God*)

“Jonathan Morris is an unusual priest, not just because he’s become the celebrity go-to priest for Fox News... and because *The Way of Serenity* will debut on The New York Times bestseller list. He’s unusual because so many priests’ sermons ignore what’s happening in the world.” (*CruX*)

“This is a book that can make a difference, one day at a time.” (*The Dubious Disciple*)

“For a conversation about faith with a warm, thoughtful, big-hearted man of God, *The Way of Serenity* was satisfying.” (*Guideposts Magazine*)

“In *The Way of Serenity*, Father Jonathan Morris examines the appeal and value of the popular ‘Serenity Prayer,’ ... [sharing] some profound insight about the simple three-line prayer.” (*Catholic San Francisco*)

#### From the Back Cover

Father Jonathan Morris, Fox News religion analyst, bestselling author, and parish priest, has seen firsthand how easily our day-to-day lives are consumed with anxiety and stress as we focus on our failures and troubles, while peace feels unattainable. When he re-discovered the Serenity Prayer, he realized that this little prayer can be, in fact, a powerful roadmap for our spiritual journey toward God. As he began to share

this prayer with others, he saw that living these simple lines became a source of profound peace and happiness:

*Lord, grant me the serenity to accept the things I cannot change,  
The courage to change the things I can,  
And the wisdom to know the difference.*

For years a mainstay of recovery programs, this prayer has proven it can change lives. What's more, through it we all can find comfort and support, including an active collaboration with God's grace as he works alongside us to grant the serenity we seek. Unpacking the prayer phrase by phrase, Father Jonathan shows how we can gain a deeper spiritual understanding by practicing its message. Through powerful personal stories, illuminating historical anecdotes, and biblical passages that show us God's plan for our lives, *The Way of Serenity* will help us grow closer to God and find serenity, regardless of our circumstances.

Join Father Jonathan and the many others who have made this prayer an integral part of their lives, and find lasting peace and happiness today.

#### About the Author

Father Jonathan Morris is a Catholic priest in the Archdiocese of New York and serves as program director of The Catholic Channel on SiriusXM. He is also an analyst for the Fox News Channel and serves in Campus Ministry at Columbia University. His books include *The Promise: God's Purpose and Plan for When Life Hurts* and *God Wants You Happy*.

#### Users Review

##### From reader reviews:

##### Christy Brodersen:

In this 21st hundred years, people become competitive in most way. By being competitive today, people have do something to make these people survives, being in the middle of typically the crowded place and notice by surrounding. One thing that occasionally many people have underestimated that for a while is reading. Yep, by reading a reserve your ability to survive increase then having chance to remain than other is high. In your case who want to start reading the book, we give you this *The Way of Serenity: Finding Peace and Happiness in the Serenity Prayer* book as beginning and daily reading book. Why, because this book is more than just a book.

##### Clarence Riley:

The guide with title *The Way of Serenity: Finding Peace and Happiness in the Serenity Prayer* has a lot of information that you can study it. You can get a lot of benefit after read this book. This book exist new information the information that exist in this reserve represented the condition of the world right now. That is important to yo7u to know how the improvement of the world. This book will bring you inside new era of the globalization. You can read the e-book on your own smart phone, so you can read this anywhere you want.

**Terry Brown:**

Reading a book to get new life style in this 12 months; every people loves to read a book. When you go through a book you can get a great deal of benefit. When you read publications, you can improve your knowledge, due to the fact book has a lot of information upon it. The information that you will get depend on what kinds of book that you have read. If you wish to get information about your analysis, you can read education books, but if you act like you want to entertain yourself you are able to a fiction books, such as novel, comics, and also soon. The The Way of Serenity: Finding Peace and Happiness in the Serenity Prayer will give you new experience in looking at a book.

**Willie Carlos:**

Reserve is one of source of understanding. We can add our know-how from it. Not only for students but in addition native or citizen have to have book to know the upgrade information of year for you to year. As we know those books have many advantages. Beside we all add our knowledge, can also bring us to around the world. By book The Way of Serenity: Finding Peace and Happiness in the Serenity Prayer we can consider more advantage. Don't you to definitely be creative people? For being creative person must love to read a book. Just choose the best book that appropriate with your aim. Don't end up being doubt to change your life by this book The Way of Serenity: Finding Peace and Happiness in the Serenity Prayer. You can more attractive than now.

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