



Let Go, Let Miracles Happen: The Art of Spiritual Surrender

By Kathy Cordova

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Author Kathy Cordova was an overworked, stressed-out sales executive. After the birth of her first child she finally figured out the Universe was giving her a message - give it up. She quit her job to become a full-time mum and learned that the power of surrendering can lead to a more joyous life.

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Editorial Review

Review

"An accessible primer for the integration of spiritual understanding into our everyday lives." -- *Frederic Luskin, Ph.D., Director of Stanford University's Forgiveness Project and author of*

"Cordova helps us understand that surrendering is giving up the negative--sadness, fear, anger--but not giving up the challenge." -- *Jackie Waldman, author of the*

"Cordova shows us how the "ordinary" stories of our lives possess extraordinary opportunities for our growth. I truly enjoyed it!" -- *Beverly Hutchinson McNeff, President of the Miracle Distribution Center*

"If you take this book to heart, it will change your life." -- *Ame Mahler Beanland, co-author of*

"This powerful book reveals how "letting go" can be more effective than pushing and forcing our way in the world." -- *M.J. Ryan, author of*

An accessible primer for the integration of spiritual understanding into our everyday lives. -- *Frederic Luskin, Ph.D., Director of Stanford University's Forgiveness Project*

Cordova shows us how the "ordinary" stories of our lives possess extraordinary opportunities for our growth. I truly enjoyed it! -- *Beverly Hutchinson McNeff, President of the Miracle Distribution Network*

From the Author

To most people, the idea of surrender is simultaneously enticing and deeply frightening.

The notion of surrender makes us bristle - it goes against everything we've ever learned. In our can-do, make-it-happen, pull-yourself-up-by-your-bootstraps culture, our image of surrender is a white flag waving in defeat. We believe surrender is for losers.

Yet, surrender is enticing, too. How comforting it would be to release our problems and our pain to a benevolent Higher Power, like a fussy baby, relaxing into her mother's loving arms. What a relief it would be to know that we don't have to do it all.

Spiritual surrender is giving up the struggle in our lives. It is releasing our need to control people, situations and outcomes. Spiritual surrender is allowing our life to be guided by love and intuition. When we truly "get it" our lives unfold in miraculous ways.

Surrender sounds simple, but it's not always easy to do. I have discovered that the best way for me to embrace difficult spiritual concepts is through stories. Hearing about other people putting spiritual principles into action helps us to learn, believe and apply those same spiritual principles in our own lives. Stories are truly our best teachers.

Friends, acquaintances and strangers have generously shared their amazing, deeply moving, and miraculous stories with me in the composition of this book. My hope is that these stories will guide you in your own spiritual growth. Many blessings to you on your journey into spiritual surrender.

From the Inside Flap

"If you take this book to heart, it will change your life. An inspired and insightful read for anyone seeking a deeper spiritual path." --Ame Mahler Beanland, co-author of "It's a Chick Thing," and "Celebrating Motherhood."

"Hurrah for Kathy Cordova! In this powerful book, she reveals something we all need to learn--namely that there are times in our lives that call for "giving up" or "giving in" as well as times for pushing and forcing our way in the world. May we all be inspired to cultivate receptive as well as dynamic energy." --M.J. Ryan, author of "The Power of Patience," and "Attitudes of Gratitude."

"Let Go, Let Miracles Happen: The Art of Spiritual Surrender" gives the art of spiritual surrendering new meaning. When faced with adversity, we can grow and heal, and this book teaches us how to do it! Kathy Cordova helps us understand that surrendering is giving up the negative--sadness, fear, anger--but not giving up the challenge. Thank you, Kathy, for giving us the tools to open our eyes and hearts and to experience the miracles that can come into our lives, no matter what." --Jackie Waldman, author of "The Courage to Give" series

Users Review

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James Williamson:

What do you concerning book? It is not important with you? Or just adding material when you require something to explain what the one you have problem? How about your extra time? Or are you busy person? If you don't have spare time to try and do others business, it is make you feel bored faster. And you have free time? What did you do? Everyone has many questions above. They should answer that question due to the fact just their can do which. It said that about e-book. Book is familiar in each person. Yes, it is appropriate. Because start from on jardín de infancia until university need this specific Let Go, Let Miracles Happen: The Art of Spiritual Surrender to read.

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