



Lists for Life: The Essential Guide to Getting Organized and Tackling Tough To-Dos

By Rory Tahari



Lists for Life: The Essential Guide to Getting Organized and Tackling Tough To-Dos By Rory Tahari

Who hasn't ever walked out the door with that "am I forgetting something" feeling? Let's face it, everyone could use a little help getting more organized and dealing with life's daily demands. Written by Rory Tahari—a powerhouse businesswoman who not only oversees a company with annual global revenues of more than \$500 million but also manages a bustling household with young children and various philanthropic endeavors—Lists for Life breaks big moments down into easy, manageable steps so readers will never feel overwhelmed again. Featuring approximately 100 "lists for life" on topics including parenting, moving, traveling, car ownership, financial planning, taking care of your home, preparing for a hospital stay, planning a funeral, and much more, this handy guide leads readers step by step through life's most stressful events and provides helpful checklists for creating and balancing an organized existence. Lists for Life helps eliminate moments of panic and is practical and portable enough to keep within reach at all times. For anyone from busy moms to overscheduled newlyweds to on-the-go working women, Lists for Life is a must-have resource for every time-crunched, over-extended individual.

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Editorial Review

About the Author

Rory Tahari is the vice chairman and creative director of Elie Tahari. Since joining the company in 1998, she has elevated the label from one of the fashion industry's most enduring brands to one of its most successful. Creatively, she oversees advertising, marketing, and public relations on a global level. Prior to joining Elie Tahari, Rory had a career in television production and earned her B.A. in Journalism at Boston University. This is her first book. The essential guide to getting organized, Lists for Life features countless easy, manageable checklists for busy individuals trying to cope with never-ending to-do lists. Lists for Life The Essential Truth to Getting Organized and Tackling Tricky To-Dos Rory Tahari COVER NOT FINAL 26

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INTRODUCTION

I have been a compulsive list maker since I was old enough to write. Some detractors might suggest the word *obsessive*, but I like to think that I am highly functioning and efficient. Other list-obsessed women I'm aware of (Madonna) seem to back up my claim. In any case, from the packing list I compiled for summer camp as an eleven-year-old to the college application checklist I already have handy for my kids (who are all under the age of ten), I like to deal with life's challenges one step at a time.

For years, I was a personal resource library for friends and family who needed information. The minute someone got pregnant, engaged, bought a house, or experienced any other milestone, my phone would start ringing. I was always happy to dash off a list and was proud that my checklists were helping others navigate life. When I started getting calls from friends of friends asking me to share my checklists for life's difficult moments, I realized it was time to go public.

So here it is.

This book isn't a beach read; it's not chick lit. Instead, it's more of an owner's manual for some of life's biggest events and transitions. Keep it on the shelf with your reference books, in the kitchen near your day calendar, by your bedside, or anywhere that's handy. When you find yourself in need of a road map, tear out the appropriate chapter, tape it to your computer, and let me help you break down an overwhelming or challenging situation, step by step. I know that sometimes the toughest part of tackling a to-do can be figuring out how to get started, and I hope that the following checklists, resources, action items, and suggestions will have you on your way to a more organized and less stressful life. Copyright © 2009 by Deep Water Productions, LLC

Users Review

From reader reviews:

Claire Underwood:

As people who live in the modest era should be revise about what going on or facts even knowledge to make them keep up with the era that is always change and advance. Some of you maybe can update themselves by looking at books. It is a good choice for yourself but the problems coming to you is you don't know which

you should start with. This Lists for Life: The Essential Guide to Getting Organized and Tackling Tough To-Dos is our recommendation to make you keep up with the world. Why, because book serves what you want and need in this era.

Odessa Currie:

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