



## Crystal Awareness (Llewellyn's New Age)

By Catherine Bowman

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### Crystal Awareness (Llewellyn's New Age) By Catherine Bowman

Now you can learn the secrets of crystals and how to use them for meditation, healing, and personal energy by reading *Crystal Awareness* by Catherine Bowman. Virtually everything you need to know about crystals is included. That's why over 130,000 people already have this book. You should have it, too!

First, you will learn about the basic nature of crystals. You'll learn what they're made of and their different forms. You'll also learn about the different powers of each. What type of crystal should you use when doing healings? How can you use clusters of crystals? What are the differences between small crystals and large ones? The answers are all found in *Crystal Awareness*. More than anything, this book is practical. You'll learn how crystals have energy fields and how they can interplay with your personal energy fields. This book explains how to use crystals in meditation and how they can open you to deeper personal awareness as your meditations go deeper than ever before. Included is information on the effect of working with color and crystals when meditating.

*Crystal Awareness* also reveals the secrets of healing with crystals. You'll learn how to program crystals for healing and how to lay them in arrays around the head or feet. You'll see the effect of large crystals and clusters on healing as well as how colored quartz can be used for different healing purposes.

Simply put, this is the best book to introduce you to working with crystals. Get your copy today.

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## Crystal Awareness (Llewellyn's New Age) By Catherine Bowman Bibliography

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### Editorial Review

From the Publisher

"Just the facts" was the request on an old TV show and, if you want just the facts about crystals and how to use them, you need *Crystal Awareness* by Catherine Bowman. This book gives you all the scientific and spiritual information you need in order to work with crystals for yourself and helping others.

Scientifically, you'll learn what crystals are and how they are made. You'll learn the differences in their shapes and what causes some crystals to be colored or have inclusions.

Spiritually, you'll discover how to use crystals to empower yourself and help others. You will learn the secrets of the many ways crystals can be used in meditation. You will open your *chakras* and heart to depths of meditation you had not believed possible.

*Crystal Awareness* reveals secrets of healing with crystals, too. You'll learn how to program crystals to do their healing work. You'll see the different functions for various types and colors of crystals.

The book includes information on using crystals to protect property, cleanse the aura, charge water, and help plants grow. For advanced workers, you'll learn how to make a special crystal mattress where crystals, linked by copper wire, are embedded in a foam mattress. This can actually help couples get over problems and live happier lives together.

Never before has so much information been packed into a book on crystals. Already, 130,000 people are using this book and improving their lives. I think you should try it, too. Find out how powerful crystals can be in your life. Get *Crystal Awareness*.

About the Author

Catherine Bowman was initiated into metaphysics by her parents while she was quite young. She earned university degrees in psychology and education, and has worked for a major Canadian telecommunications company. At 32, she reached a crossroads as to her goals and direction in life. After much soul searching and a powerful experience with Anna Mitchell Hedge's Crystal Skull, she chose the spiritual path, resulting in a positive, new self-image.

### Users Review

**From reader reviews:**

**Robert Arnett:**

This book entitled *Crystal Awareness* (Llewellyn's New Age) to be one of several books in which best seller in this year, this is because when you read this book you can get a lot of benefit upon it. You will easily to buy this book in the book retail outlet or you can order it via online. The publisher on this book sells the e-book too. It makes you more readily to read this book, since you can read this book in your Smartphone. So there is no reason to your account to past this e-book from your list.

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**Malcolm Thurmond:**

In this era which is the greater person or who has ability to do something more are more treasured than other. Do you want to become certainly one of it? It is just simple strategy to have that. What you have to do is just spending your time little but quite enough to have a look at some books. One of several books in the top list in your reading list is Crystal Awareness (Llewellyn's New Age). This book and that is qualified as The Hungry Slopes can get you closer in getting precious person. By looking way up and review this reserve you can get many advantages.

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