



# Healing Days: A Guide for Kids Who Have Experienced Trauma

By Susan Farber Straus

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**Healing Days: A Guide for Kids Who Have Experienced Trauma** By Susan Farber Straus

Healing Days is a sensitive and reassuring story intended for children who have experienced trauma and covers the feelings, thoughts, and behaviors that many kids have after a bad and scary thing happens. A useful book to read with a parent or therapist, Healing Days emphasizes that children are not to blame for what happened, and that they can get help and look forward to a happy future. Kids will begin to understand their response to the trauma and learn some strategies for feeling safer, more relaxed, and more confident.

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## Healing Days: A Guide for Kids Who Have Experienced Trauma By Susan Farber Straus Bibliography

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### **Editorial Review**

#### Review

A sensitive and reassuring story intended for children who have experienced trauma...What an OUTSTANDING resource. --Books That Heal Kids

I am thrilled to find Susan Farber Straus very sensitive and comforting book due to its relevance in our world today. Although the story is told from the viewpoint of one child, each page features pictures of a diverse group of children of all ages acting out the narrative. This book is a fabulous tool for parents, guidance counselors and therapists to read with a child when they may suspect a trauma. And that trauma could range from abuse, an accident, school and home violence, bullying, the sudden death of a parent or sibling to natural disasters like tornadoes, hurricanes and floods that are prevalent today in the world. The book also helps children know they aren't alone and that they can find ways to heal. Maria Bogade's illustrations are warm, and comforting, and beautifully show the emotion of the children. --Patricia Tilton, Children's Books Heal

#### About the Author

Maria Bogade is an illustrator whose work has been published in countries around the globe. After having studied Audiovisual Media at the University of Media in Stuttgart she worked as a freelance animation artist on award-winning projects, including "The Gruffalo" and "Princess' Painting", before pursuing her dream of being a children's book illustrator. She lives with her family in a tiny town in Germany.

### **Users Review**

#### **From reader reviews:**

##### **Steven Maravilla:**

The feeling that you get from Healing Days: A Guide for Kids Who Have Experienced Trauma may be the more deep you rooting the information that hide within the words the more you get serious about reading it. It doesn't mean that this book is hard to recognise but Healing Days: A Guide for Kids Who Have Experienced Trauma giving you buzz feeling of reading. The article writer conveys their point in specific way that can be understood by simply anyone who read it because the author of this publication is well-known enough. That book also makes your personal vocabulary increase well. That makes it easy to understand then can go with you, both in printed or e-book style are available. We highly recommend you for having this specific Healing Days: A Guide for Kids Who Have Experienced Trauma instantly.

##### **Sheri Furlong:**

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### **Harold Hutchison:**

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