



# Assessment in Counseling: A Guide to the Use of Psychological Assessment Procedures

By Danica G. Hays

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More than 100 assessment instruments examining intelligence, academic aptitude and achievement, career and life planning, personal interests and values, personality, and interpersonal relationships are described. Also discussed are specialized mental health assessments for substance abuse, depression, anxiety, anger, self-injury, eating disorders, suicide risk, and attention deficit hyperactivity disorder.

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#### Review

Danica Hays has skillfully and thoroughly updated and broadened this textbook, which we authored through the first four editions. She has made a number of improvements to help instructors convey this information to students and we are confident that this will remain a widely used text for graduate courses and a valuable reference for professional counselors. We wholeheartedly endorse this revision. ---Albert B. Hood, EdD Professor Emeritus of Education and former Chair of the Division of Counselor Education The University of Iowa

-Richard W. Johnson, PhD Adjunct Professor Emeritus of Counseling Psychology and former Director of Training for Couns

Assessment in Counseling is an excellent graduate-level textbook and a must read for professional counselors who select, administer, interpret, and communicate results from assessment instruments. - -- Patricia B. Elmore, PhD Professor Emerita, Educational Measurement and Statistics Southern Illinois University Carbondale

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