

The Fix

By Natasha Sinel



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One conversation is all it takes to break a world wide open.

Seventeen-year-old Macy Lyons has been through something no one should ever have to experience. And she's dealt with it entirely alone.

On the outside, she's got it pretty good. Her family's well-off, she's dating the cute boy next door, she has plenty of friends, and although she long ago wrote her mother off as a superficial gym rat, she's thankful to have allies in her loving, laid-back dad and her younger brother.

But a conversation with a boy at a party one night shakes Macy out of the carefully maintained complacency that has defined her life so far. The boy is Sebastian Ruiz, a recovering addict who recognizes that Macy is hardened by dark secrets. And as Macy falls for Sebastian, she realizes that, while revealing her secret could ruin her seemingly perfect family, keeping silent might just destroy her.

The Fix follows two good-hearted teenagers coming to terms with the cards they were dealt. It's also about the fixes we rely on to cope with our most shameful secrets and the hope and fear that comes with meeting someone who challenges us to come clean.

Sky Pony Press, with our Good Books, Racehorse and Arcade imprints, is proud to publish a broad range of books for young readers—picture books for small children, chapter books, books for middle grade readers, and novels for young adults. Our list includes bestsellers for children who love to play Minecraft; stories told with LEGO bricks; books that teach lessons about tolerance, patience, and the environment, and much more. While not every title we publish becomes a *New York Times* bestseller or a national bestseller, we are committed to books on subjects that are sometimes overlooked and to authors whose work might not otherwise find a home.

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The Fix By Natasha Sinel Bibliography

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Editorial Review

From School Library Journal

Gr 9 Up—Seventeen-year-old Macy Lyons has been living with a terrible secret for the past 10 years. She copes by hiding the truth from everyone, including herself. At a party one night, she meets Sebastian, who recognizes a kindred, troubled soul. While Sebastian struggles with his drug addiction and going through rehab, Macy starts remembering the sexual abuse she suffered between the ages of seven and 12 at the hands of her cousin. It doesn't help that while she believes her parents know about the abuse, they continue to shower her cousin with favors and money. Macy struggles to deal with the memories on her own while dating her best friend, working at a summer camp with young children, and coping with her family's dysfunction. She is angry at everyone, especially herself, and only when she starts to break her silence does she realize that she needs help. As this story is told in first person, readers learn of Macy's experiences as she starts to face her memories and the sexual abuse she went through. Sebastian spends a good deal of the book in rehab, where Macy visits him. No mention of counseling or therapy is mentioned for Macy, however. Drugs, alcohol, and sex are referenced often throughout the story. While Macy's character and experiences are genuine, readers may have a hard time connecting with her until later in the novel. Though the protagonist finds peace with her past, the ending is a bit too neat to be wholly believable. Back matter includes resources on getting help for suicide, drug abuse, and sexual abuse. VERDICT An additional purchase for larger collections of YA realistic fiction.—Natalie Struecker, Atlantic Public Library, IA

Review

IPPY Awards, Gold Medalist in the YA Category, 2016

USA Best Books Awards Finalist, 2015

"If you loved Looking For Alaska, then check out The Fix." --VerveGirl Magazine

"A powerful story of healing . . ." —Kirkus Reviews

"First shot out of the gate, Sinel bravely addresses tough topics, demonstrating that the weight of secrets can pull us under—and their release can save us from drowning." —Holly Schindler, critically acclaimed author of *A Blue So Dark* and *Feral*

"A bewitching, beautiful, and brave debut. Readers will marvel at Macy's resilience. Natasha Sinel's writing devastates and uplifts, by turns. An important story of one girl's journey to rewrite the blueprint of her own life by facing the truth inside herself." —Carrie Mesrobian, award-winning author of *Sex & Violence* and *Perfectly Good White Boy*

"In her YA debut, Natasha Sinel paints a riveting picture of a teenager haunted by her past and struggling with her present. Macy's world is richly drawn, heartbreakingly real, and difficult to put down. *The Fix* shines." —I.W. Gregorio, author of *None of the Above*

"In this masterful debut, Natasha Sinel explores how a shocking act of betrayal can be overlooked within an otherwise loving family. A vivid storyteller, Sinel tackles an emotional topic, portraying the pain and repercussions of Macy's experience with an honest sensitivity. I was hooked from the opening pages of *The Fix.*" —Yvonne Ventresca, award-winning author of *Pandemic*

"A standout YA debut, *The Fix* perfectly captures how it feels to be crushed under a life-changing, personal secret since childhood. Sinel's unflinchingly honest writing dissects the lies we tell ourselves to cope with trauma and reveals the power we seize when we finally decide to see the truth." —Marie Jaskulka, author of *The Lost Marble Notebook of Forgotten Girl & Random Boy*

About the Author

Natasha Sinel is a writer of young adult fiction. She graduated from Yale University with a BA in English and from the University of Michigan's Ross School of Business with an MBA. Before beginning her career as an author, she was director of business development at Showtime Networks. Born and raised in Washington, DC, she now lives in northern Westchester, New York, with her husband and three sons.

Users Review

From reader reviews:

Eduardo Baro:

This The Fix book is simply not ordinary book, you have after that it the world is in your hands. The benefit you get by reading this book is definitely information inside this e-book incredible fresh, you will get details which is getting deeper you read a lot of information you will get. That The Fix without we understand teach the one who reading through it become critical in considering and analyzing. Don't end up being worry The Fix can bring if you are and not make your handbag space or bookshelves' grow to be full because you can have it in your lovely laptop even phone. This The Fix having excellent arrangement in word along with layout, so you will not feel uninterested in reading.

Brian Kelley:

The guide untitled The Fix is the book that recommended to you you just read. You can see the quality of the reserve content that will be shown to anyone. The language that author use to explained their way of doing something is easily to understand. The author was did a lot of study when write the book, so the information that they share to you personally is absolutely accurate. You also will get the e-book of The Fix from the publisher to make you far more enjoy free time.

Katie Cardiel:

Spent a free time and energy to be fun activity to perform! A lot of people spent their down time with their family, or their own friends. Usually they undertaking activity like watching television, planning to beach, or picnic within the park. They actually doing ditto every week. Do you feel it? Do you wish to something different to fill your own personal free time/ holiday? Might be reading a book is usually option to fill your free of charge time/ holiday. The first thing you will ask may be what kinds of e-book that you should read. If you want to test look for book, may be the book untitled The Fix can be great book to read. May be it may be best activity to you.

Jamie Gregory:

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