

# **Second Son: Transitioning Toward My Destiny, Love and Life**

By Ryan K Sallans



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Second Son is a unique lens on life and love, intimately exploring the transition experience of Ryan Sallans - born Kimberly Ann Sallans. Ride alongside Ryan's transition from a child to a body-obsessed young woman with an eating disorder; from female to male, daughter to son, and finally a beloved partner to a cherished fiance'. Ryan candidly shares his struggle to find love and acceptance; a struggle that transcends through every layer of society. He nearly died from an extreme case of anorexia as an insecure female college student. The only thing that saved him was his inner spirit begging for a chance to live. Second Son chronicles Ryan's battle with his family, his romantic partner, and his body. It is an unblinking focus on self-empowerment tracing Ryan's evolution into manhood as he underwent gender reassignment surgeries. It took twenty-nine years for Ryan to find himself. Second Son is an intimate and honest autobiography that will educate and empower anyone journeying to find their own destiny, love, and life.



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