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*400+ page self-paced course/reference including comprehensive clinical monographs, clinical overviews, patient information sheets, and references for 29 widely used herbs and additional information on numerous proprietary multi-herb products.

*Comprehensive clinical studies table for each herb including brand names of the products studied

*Important information on safety and drug interactions

Each in-depth clinical monograph covers: Overview, Description, Primary Uses, Dosage, Duration of Administration, Chemistry, Pharmacological Actions, Mechanism of Action, Contraindications, Adverse Effects, Drug Interactions, Safety Rating, International Regulatory Status (broken down by country), Clinical Review, and a Clinical Studies table, including the most up-to-date clinical research on each herb. The Clinical Studies Table covers: author/year, subject, study design, duration of study, dosage administered in study, preparation used, and a summary of the results and conclusions made from the study.

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Editorial Review

Review

"The easy-to-read format of this book gives every physician what is needed to correct for not learning about herbals in medical school. By augmenting the original translated German text with helpful introductions, color pictures of herbs, and several practical use appendices, this is a reader-friendly book. Mark Blumenthal, the founder of the American Botanical Council and editor of HerbalGram, was ably assisted by experienced associate editors Alicia Goldberg and Josef Brinckmann in this outstanding publication. In a world where alternative medicine is increasingly important, this book is essential for every healthcare practitioner's library."

--Thomas Kurt, MD, MPh

Occupational Health and Safety, Dallas, Texas

"The most authoritative, comprehensive, and affordable guide for anybody who wants to use herbal remedies wisely and safely."

--Jean Carper

Best-selling author of Miracle Cures and columnist of USA Weekend

"Herbal Medicine represents one of the most definitive and authoritative resources in this field. No serious practitioner or concerned consumer should be without it. The editors have integrated a tremendous amount of information on medicinal plants and the ABC should be applauded for this extraordinary effort."

--Joe and Terry Graedon, PhD

The People's Pharmacy, Durham, North Carolina

From the Publisher

Integrative Medicine is a medical information company dedicated to bridging the gap between conventional and alternative medicine. Our products provide healthcare professionals and consumers with credible, science-based information for quality medical care.

From the Inside Flap

For those who prefer the accessibility of a CD-ROM, the user friendly features of Herbal Medicine's companion CD allow instant access to information with just the click of a mouse.

Users Review

From reader reviews:

Michael Albin:

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