



# A Theory of Everything: An Integral Vision for Business, Politics, Science and Spirituality

By Ken Wilber

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### Editorial Review

#### Amazon.com Review

The spiritual intellectual Ken Wilber takes on the hottest theory in modern physics, known as the "M Theory," or the "The Theory of Everything." As Wilber explains, it is "a model that would unite all the known laws of the universe into one all-embracing theory that would literally explain everything in existence." Of course this new "M Theory" opens up a can of wormy, slippery questions, which Wilber addresses: "What does 'everything' actually mean? Would this new theory in physics explain, say, the meaning of human poetry? Or how economics work? Or the stages of psychosexual development?"

Being Ken Wilber, he couldn't resist answering these questions by folding the "Theory of Everything" into some of his own personal visions and theories. This overlay is presented in his signature straightforward, clearly written style. The upshot is that common readers can easily follow Wilber on a quantum journey and wind up with a lasting souvenir--a scientific and spiritual understanding of how the mind, body, soul, and universe all work together like a never-ending symphony. And that's just in the first four chapters. From there he shows readers the practical applications of this vision--explaining how it could lead to more integrative styles of business, education, medicine, ecology, and even how we address world conflicts. Wilber admits that this "holistic quest is an ever-receding dream, a horizon that constantly retreats as we approach it." Nonetheless, he can still take readers on an incredible journey--one that's well worth the price of the ticket. --*Gail Hudson*

#### Review

"Wilber's 'integral vision' offers readers the opportunity to make valuable connections among disparate disciplines and—just maybe—to prepare themselves for a brave new world."—*Publishers Weekly*

"A soaring tour de force and daring exposition by one of America's most inventive thinkers. Don't quit the search for an integral culture until you have given it a whirl—and take this book with you as a sturdy guide."—Professor Harvey Cox, Harvard Divinity School

"Ken Wilber is one of the most creative spiritual thinkers alive today, and *A Theory of Everything* is an accessible taste of his brilliance. Like a masterful conductor, he brings everyone in, finds room for science and spirit, and creates music for the soul."—Rabbi Michael Lerner, author of *The Politics of Meaning*

#### About the Author

Ken Wilber is the author of over twenty books. He is the founder of Integral Institute, a think-tank for studying integral theory and practice, with outreach through local and online communities such as Integral Education Network, Integral Training, and Integral Spiritual Center.

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